LOWER SUGAR DRINK GUIDE



BUILT-TO-ORDER



Cappuccino

- Milk Foam
- Steamed Milk
- Espresso



Macchiato

-) Milk Foam
- Espresso



Latte

- o Milk Foam
- Steamed Milk
- Espresso



- Espresso Shot
- Espresso

Built-to-Order

Espresso, coffee, and tea drinks ordered through our touch screens and hand crafted, just for you!

BASE DRINK

- Cold Brew
- Iced Coffee
- Cappuccino
- Espresso Shot
- Macchiato (hot/iced)

MILKS

- 2% or Whole Milk
- Vanilla Almond Milk
- Oat Milk

SIZES

- 12 oz (hot only)
- 16 oz
- 24 oz (cold only)

Latte (hot/iced)

- Matcha (hot/iced)
- Cold Brew Green Tea
- Cold Brew Black Tea

FLAVORS & SWEETENERS

- Zero Sugar Caramel
- Blackberry flavor
- 1 pump of Liquid Cane Sugar
- Stevia
- Top it off with whipped cream

Self-Serve

Brewed coffee, hot tea, and a variety of add-ins available at our coffee station

BASE DRINK

- Brewed Coffee
- Hot Tea Bags (on coffee island)

SIZES

- 12 oz 20 oz
- 16 oz 24 oz

MILKS & CREAMERS

- 2% or Whole Milk
- Vanilla Almond Milk
- Half & Half
- Light Cream
- Splash of Flavored Creamer*
 (*1 tbsp provides 4-5g of sugar)



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Hot Flavored Brews (self-serve)

Enjoy our seasonal rotation of flavored coffees or choose one of our year round favorites

- Add Half & Half or Light Cream
- Add a splash of (1 tbsp) Flavored Creamer (0-5g of sugar)



Caramel (Zero Sugar) Almond Milk Latte

(hot/iced, built-to-order)

- 16 oz Zero Sugar Caramel Latte (hot/iced)+ Almond Milk
- 80 cals and 12g sugar (hot), 60 cals + 9g sugar (iced)



Hot Cappuccino + Whipped Cream

- 12 oz size + 2% Milk + Whipped Cream
- 140 cals, 11g sugar



Slightly Sweet Cold Brew

(built-to-order + self-serve)

- 16oz size with room for Milk + 1 pump Liquid Cane Sugar
- Head over to the self-serve coffee station to add some Half & Half or Light Cream (9g of sugar)



Half & Half contains less sugar than milk.

Bonus, it provides a wonderful creamy taste to your bevs!



Skip the flavored sauces and syrups and top your drink with Whipped Cream instead. You'll get a sweet, creamy drink with much less sugar.